



Salt Dough Recipe

You will need:

- A cup of salt
- 2 cups of flour
- $\frac{3}{4}$ cup of water



Instructions:

1. In a large bowl mix salt and flour together.
2. Gradually stir in water. Mix well until it forms a doughy consistency.
3. Turn the dough onto the bench and knead with your hands until smooth and combined.
4. Make your creations using the salt dough.
5. Place the salt dough creations into the oven at 180C. The amount of time needed to bake depends on the size and thickness of the salt dough creations.

Tips and ideas:

- Store your salt dough in an air tight container as it keeps well for a few days.
- You can paint your creations with acrylic paints and seal with varnish or polyurethane spray.
- Salt dough can also be air dried and is an alternative to oven drying.
- Involve the kids in the making of salt dough as it encourages and promotes so many learning opportunities, plus it is so much fun!



Coloured Dough

What you need:

- 1 cup cold water
- 1 cup salt
- 2 tablespoons oil
- 3 cup flour
- 2 tablespoons of cornstarch/flour
- Food colouring
- Bowl and spoon
- Cutting board



Instructions:

1. In a bowl, mix the water, salt, oil, and enough food colouring to make a bright colour.
2. Gradually work flour and cornstarch into the mixture until it reaches a bread dough consistency.
3. Pour the dough on a cutting board and knead until ready.
4. Now you have brightly coloured moulding clay to play with over and over.
5. Store in a plastic container to play with again.

Glitter Dough

What you need:

- 1 cup cold water
- 1 cup salt
- 2 tablespoons oil
- 3 cup flour
- 2 tablespoons of cornstarch/flour
- Glitter
- Bowl and spoon
- Cutting board



Instructions:

1. In a bowl, mix the water, salt, oil, and glitter.
2. Gradually work flour and cornstarch into the mixture until it reaches a bread dough consistency.
3. Pour the dough on a cutting board and knead until ready.
4. Now you have glitter moulding clay to play with over and over.
5. Store in a plastic container to play with again.

No-Cook Play Dough

Lavender Dough

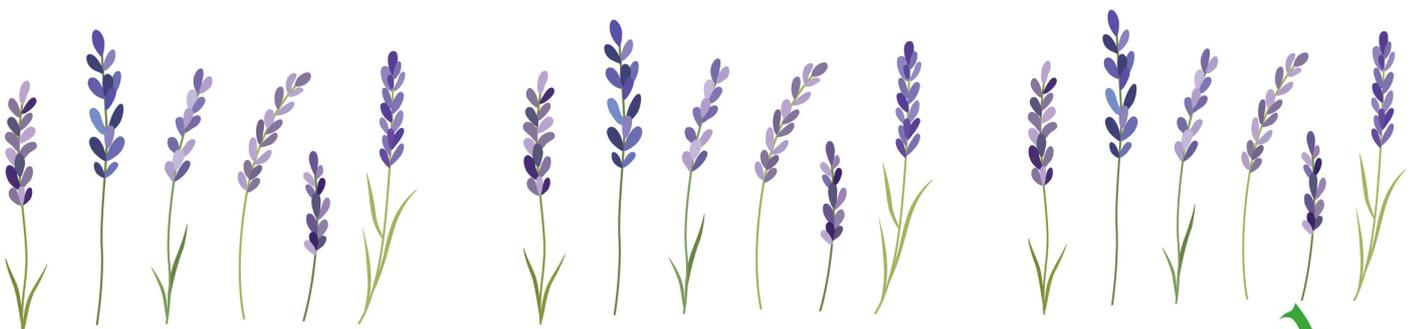
What you need:

- 1 cup cold water
- 1 cup salt
- 2 tablespoons oil
- 3 cup flour
- 2 tablespoons of cornstarch/flour
- Lavender oil
- Bowl and spoon
- Cutting board

Instructions:

- In a bowl, mix the water, salt, oil, and lavender oil.
- Gradually work flour and cornstarch into the mixture until it reaches a bread dough consistency.
- Pour the dough on a cutting board and knead until ready.
- Now you have lavender smelling moulding clay to play with over and over.
- Store in a plastic container to play with again.

No-Cook Play Dough



Chocolate Dough

What you need:

- 1 cup cold water
- 1 cup salt
- 2 tablespoons oil
- 3 cup flour
- 2 tablespoons of cornstarch
- Cocoa powder
- Bowl and spoon
- Cutting board



Instructions:

1. In a bowl, mix the water, salt, oil, and coco powder.
2. Gradually work flour and cornstarch into the mixture until it reaches a bread dough consistency.
3. Pour the dough on a cutting board and knead until ready.
4. Now you have chocolate moulding clay to play with over and over.
5. Store in a plastic container to pay with again.

No-Cook Play Dough

Cooked Dough

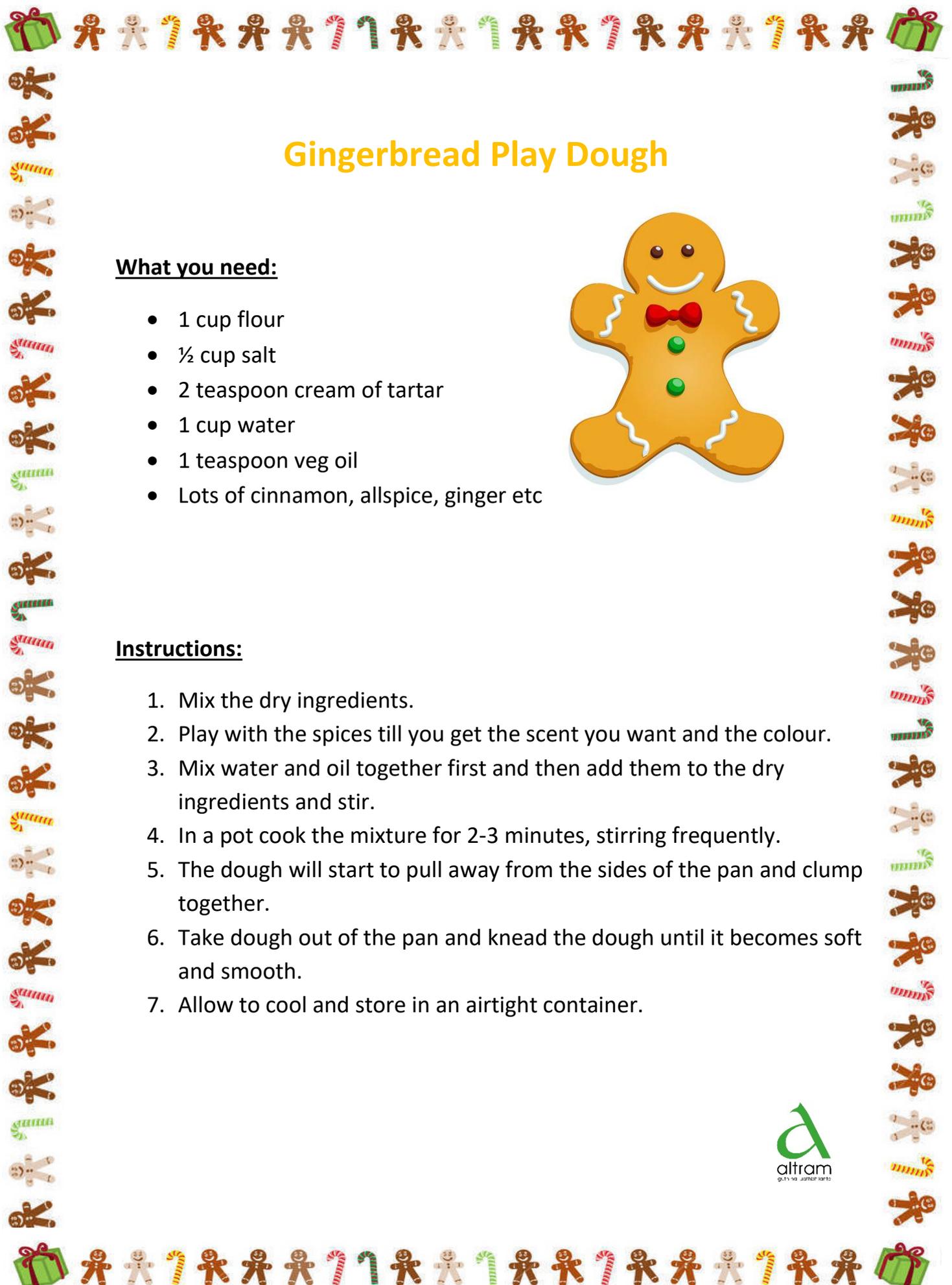
What you need:

- 1 cup corn starch
- 2 cups baking soda
- 1 ¼ cups cold water
- Several bowls
- Food colouring
- Saucepan
- Paper plate
- Small towel or cloth
- Newspaper



What you do:

1. Mix a few drops of food colouring into the water and stir until combined.
2. Put the water, baking soda, and corn starch into a saucepan and cook over a medium heat for 3-5 minutes, until the mixture feels like mashed potatoes.
3. Remove from heat, put it onto a paper plate, and cover with a damp towel until cool.
4. When the mixture is cool, knead it until the clay feels smooth and pliable.
5. Cover table with newspaper and have fun.
6. When the creation is finished, let it dry overnight and will be ready to paint in the morning.



Gingerbread Play Dough

What you need:

- 1 cup flour
- ½ cup salt
- 2 teaspoon cream of tartar
- 1 cup water
- 1 teaspoon veg oil
- Lots of cinnamon, allspice, ginger etc



Instructions:

1. Mix the dry ingredients.
2. Play with the spices till you get the scent you want and the colour.
3. Mix water and oil together first and then add them to the dry ingredients and stir.
4. In a pot cook the mixture for 2-3 minutes, stirring frequently.
5. The dough will start to pull away from the sides of the pan and clump together.
6. Take dough out of the pan and knead the dough until it becomes soft and smooth.
7. Allow to cool and store in an airtight container.

Course Wholemeal Dough

What you need:

- 3 cups wholemeal flour
- 1 cup salt
- Bowl
- Cold water
- Food colouring (optional)

Instructions:

1. Mix ingredients with cold water and colouring (optional) until the dough is firm enough to handle.



Microwave Dough

What you need:

- 1 cup flour
- ½ cup salt
- 2 teaspoon cream of tartar
- 1 tablespoon of oil
- 1 cup water
- Food colouring (add to water)



Instructions:

1. Put all ingredients into a bowl suitable for microwaving.
2. Cook at full power for 1 minute.
3. Remove from oven and stir well.
4. Put back in oven and cook for a further 1-1 ½ minutes.
5. Remove from oven and scrap out with a wooden spoon and leave to cool.
6. Knead well, adding food colouring at this point.
7. Store in a polythene bag to remain soft.



Long Life Dough

What you need:

- 5 cups flour
- 1 cup salt
- 2 tablespoon of oil / cream of tartar
- 4 cups water
- 2 tablespoons of cooking oil
- Bowl
- Saucepan

Instructions:

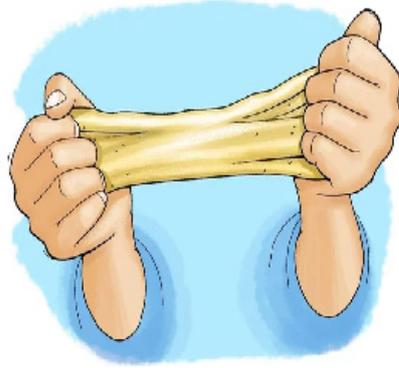
1. Mix 5 cups plain flour, 1 cup salt, 2 tablespoon of oil/cream of tartar in a bowl.
2. Heat 4 cups water, 2 tablespoons of cooking oil in a saucepan.
3. When boiling pour onto dry ingredients mixing immediately and thoroughly.
4. As soon as it is cool enough to handle, knead it smooth.



Elastic Dough

What you need:

- 4 cups self raising flour
- Water
- Food colouring
- Bowl



Instructions:

1. Mix water and food colouring to a pastry consistency.
2. Knead until it becomes stretchy and springy

